

April 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>*1% Milk is served*</p> <p>*100% Apple Juice is served*</p> <p>**Whole grain</p> <p>Cereal Options: Cheerios, Chex Mix, Multi Grain Cheerios</p>				No school
<p>4.</p> <p>AM Bananas/ Graham Crackers</p> <p>PM Cheerios**/milk</p> <p>LPU Pretzels/Apple Juice</p>	<p>5.</p> <p>AM Cheese cubes/Ritz</p> <p>PM Triscuit**/milk</p> <p>LPU Graham Crackers/apple juice</p>	<p>6.</p> <p>AM Cereal/milk</p> <p>PM Turkey/Wheat thins**</p> <p>LPU Salami/Ritz</p>	<p>7.</p> <p>AM Cheez its/ milk</p> <p>PM Pepperoni/Ritz</p> <p>LPU Cheerios**/apple juice</p>	<p>8.</p> <p>AM Nilla Wafers/apple sauce</p> <p>PM Wheat thins**/milk</p> <p>LPU Cheese sticks/apple juice</p>
<p>11.</p> <p>AM Hummus/Pretzels</p> <p>PM Oranges/milk</p> <p>LPU Cheerios**/apple juice</p>	<p>12.</p> <p>AM Pepperoni/ Ritz</p> <p>PM Wheat thins**/milk</p> <p>LPU Pretzels/apple juice</p>	<p>13.</p> <p>AM Turkey/Wheat thins**</p> <p>PM Pita chips/milk</p> <p>LPU Graham Crackers/ apple juice</p>	<p>14.</p> <p>AM cheerios**/milk</p> <p>PM Cucumbers/</p> <p>LPU Snap peas/apple juice</p>	<p>15.</p> <p>AM Salami/Triscuits**</p> <p>PM Nilla Wafers/milk</p> <p>LPU Cheese sticks/ apple juice</p>
<p>18.</p> <p>AM Cheerios**/milk</p> <p>PM Carrot sticks/milk</p> <p>LPU Nilla wafers/apple juice</p>	<p>19.</p> <p>AM Cheese cubes/Ritz</p> <p>PM Gold Fish/milk</p> <p>LPU Wheat thins**/apple juice</p>	<p>20.</p> <p>AM Salami/Ritz</p> <p>PM Apple sauce/milk</p> <p>LPU Cheerios**/apple juice</p>	<p>21.</p> <p>AM Triscuit**/milk</p> <p>PM Pretzels/Hummus</p> <p>LPU Nilla wafers/apple juice</p>	<p>22.</p> <p>AM Cheese cubes/wheat thins**</p> <p>PM graham crackers/milk</p> <p>LPU Cheese sticks/apple juice</p>
<p>25.</p> <p>AM Bananas/milk</p> <p>PM Pepperoni/Ritz</p> <p>LPU Cheerios**/apple juice</p>	<p>26.</p> <p>AM Pita chips/Hummus</p> <p>PM Wheat thins**/milk</p> <p>LPU Gold Fish/apple juice</p>	<p>28.</p> <p>AM Cheese Sticks/Ritz</p> <p>PM Triscuit**/milk</p> <p>LPU Chex mix/apple juice</p>	<p>29.</p> <p>AM Graham crackers/milk</p> <p>PM Wheat thins**/peperoni</p> <p>LPU Apple sauce/milk</p>	<p>30.</p> <p>AM Turkey/pretzels</p> <p>PM cheerios**/milk</p> <p>LPU Cheese sticks/apple juice</p>

Items containing **Wheat** Ritz, Nilla Wafers, Goldfish, Graham Crackers, Pita, Cheez Its and Club Crackers, Triscuit** Wheat thins**

Items containing **Dairy** Cheese Cubes, Cheese Stick, Milk, Cheez Its, Nilla Wafers and Goldfish

Items containing **Eggs** Nilla Wafers, Ranch

Items containing **High Fructose Corn Syrup** Club Crackers, Nilla Wafers, Ritz and Pears

Items containing Soy Cheez its, Ritz, Chex mix, Nilla Wafers and Graham Crackers, Ranch