

# December 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>*1% Milk is served*</b>  <b>*100% Apple Juice is served*</b>  <b>Cereal Options: Cheerios, Multi Grain Cheerios</b></p>		<p>1.                      AM Cheez its, pepperoni                      PM Ritz/ milk                      LPU Nilla wafers/ apple juice</p>	<p>2.                      AM Graham Crackers/ milk                      PM Gold Fish/ salami                      LPU Club crackers/apple juice</p>	<p>3.                      AM Pretzels/ Hummus                      PM Apple sauce/ Ritz                      LPU Cheerios/ apple juice</p>
<p>6.                      AM Cheese sticks/Ritz                      PM Nilla Wafers/ milk                      LPU Gold Fish/ apple juice</p>	<p>7.                      AM Bananas/ graham crackers                      PM Pretzels/ milk                      LPU Cheerios/apple juice</p>	<p>8.                      AM Tortillas/turkey                      PM Club crackers/milk                      LPU Pita chips/ apple juice</p>	<p>9.                      AM Cheez its/milk                      PM Pears/ graham crackers                      LPU Salami/apple juice</p>	<p>10.                      AM Pita/Humus                      PM Ritz/Cheese cubes                      LPU Snap peas/ ranch/ apple juice</p>
<p>13.                      AM Graham Crackers/ milk                      PM Oranges/Ritz                      LPU Cheese sticks/apple juice</p>	<p>14.                      AM Chex mix/cheese cubes                      PM Pretzels/ milk                      LPU Ritz/apple juice</p>	<p>15.                      AM Nilla Wafers/milk                      PM Tortillas/ salami                      LPU Pita chips/ apple juice</p>	<p>16.                      AM Turkey/club crackers                      PM Pears/ milk                      LPU Cheerios/ apple juice</p>	<p>17.                      AM Cheez its/ apple sauce                      PM Pepperoni/Ritz                      LPU Snap peas/ Ranch/ apple Juice</p>
<p>20.                      AM Sliced turkey/ club crackers                      PM Nilla Wafers/ milk                      LPU Gold Fish/ Apple juice</p>	<p>21.                      AM Pretzels/ milk                      PM Hummus/ Celery                      LPU Cheese sticks/ Ritz</p>	<p>22.                      AM Graham Crackers/ milk                      PM Salami/ Cheez its                      LPU Cheese cubes/ apple juice</p>	<p>23.    <b>No School</b></p>	<p>24.    <b>No School</b></p>

Items containing **Wheat** Ritz, Nilla Wafers, Goldfish, Graham Crackers, Pita, Cheez Its and Club Crackers

Items containing **Dairy** Cheese Cubes, Cheese Stick, Milk, Cheez Its, Nilla Wafers and Goldfish

Items containing **Eggs** Nilla Wafers, Ranch

Items containing **High Fructose Corn Syrup** Club Crackers, Nilla Wafers, Ritz and Pears

Items containing **Soy** Cheez its, Ritz, Chex mix, Nilla Wafers, Graham Crackers and Ranch