

December 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Whole grain Cereal Options: Cheerios & Multi Grain Cheerios 1% Milk is served 100% Apple Juice is served</p>			<p>1. AM Graham cracker/ Milk PM Cereal*/ Milk LPU Goldfish*/ Apple Juice</p>	<p>2. AM Carrots/ Hummus PM Wheat Thins*/ Cheese Stick LPU Ritz*/ Apple Juice</p>
<p>5. AM Graham Cracker/ Milk PM Saltines*/ Milk LPU Cheese Stick / Apple Juice</p>	<p>6. AM Pretzels/ Cheese Stick PM Goldfish/ Milk LPU Saltines*/ Apple Juice</p>	<p>7. AM Ritz*/Salami PM Banana chips/ Nilla Wafers LPU Cereal* / Apple Juice</p>	<p>8. AM Goldfish/ Milk PM Pretzels/ Cheese Stick LPU Saltines*/ Apple Juice</p>	<p>9. AM Wheat Thins*/ Cheese Stick PM Carrots/ Hummus LPU Ritz*/ Apple Juice</p>
<p>12. AM Applesauce/ Graham Cracker PM Tortilla*/ Turkey LPU Cereal*/ Apple Juice</p>	<p>13. AM Graham Cracker/ Milk PM Saltines*/ Milk LPU Cheese Stick / Apple Juice</p>	<p>14. AM Nilla Wafers/ Milk PM Triscuits*/ Salami LPU Graham Cracker/ Apple Juice</p>	<p>15. AM Ritz*/Salami PM Banana chips/Nilla wafers LPU Goldfish* / Apple Juice</p>	<p>16. AM Goldfish/ Milk PM Pretzels/ Cheese Stick LPU Saltines*/ Apple Juice</p>
<p>19. AM Wheat Thins*/ Cheese Stick PM Applesauce/Graham Crackers LPU Pretzels/ Apple Juice</p>	<p>20. AM Saltines*/ Milk PM Graham Cracker/ Milk LPU Cheese Stick / Apple Juice</p>	<p>21. AM Teacher Choice/Milk PM Teacher Choice/ Milk LPU Teacher Choice</p>	<p>22. AM Teacher Choice/ Milk PM Teacher Choice/ Milk LPU Teacher Choice</p>	<p>23. Christmas Break Begins</p>
<p>26. Christmas Break</p>	<p>27. Christmas Break</p>	<p>28. Christmas Break</p>	<p>29. Christmas Break.</p>	<p>30. Christmas Break</p>

Items containing **Wheat** Whole Wheat Ritz*, Whole Grain Saltines*, Nilla Wafers, Goldfish, Graham Crackers, Whole Wheat Tortilla*, Triscuit*, & Wheat Thins*

Items containing **Dairy** Cheese Stick, Milk, Nilla Wafers and Goldfish

Items containing **Eggs** Nilla Wafers

Items containing **High Fructose Corn Syrup** Nilla Wafers & Whole Wheat Ritz

Items containing **Soy** Whole Wheat Ritz, Nilla Wafers and Graham Crackers