

# MAY 2022



Monday	Tuesday	Wednesday	Thursday	Friday
2. AM Applesauce/milk PM Turkey/ Triscuits** LPU Gold fish/ apple juice	3. AM Graham Crackers/milk PM Wheat thins**/pepperoni LPU Pretzels/apple juice	4. AM Nilla wafers/apple sauce PM Triscuits**/milk LPU Cheez its/apple juice	5. AM Cheerios**/milk PM Pretzels/Hummus LPU Nilla wafers/apple juice	6. AM Cheese cubes/wheat thins** PM Cheez its/milk LPU Cheese sticks/apple juice
9. AM Oranges/wheat thins** PM Cheez its/milk LPU Salami/Ritz	10. AM Pita chips/ Hummus PM Gold Fish/ milk LPU Cheerios**/apple juice	11. AM Cheese cubes/triscuits** PM Pretzels/milk LPU Gold fish/apple juice	12. AM Turkey/pretzels PM Wheat thins**/milk LPU Graham crackers/apple juice	13. AM Applesauce/ graham crackers PM Triscuits**/Turkey LPU Cheese sticks/apple juice
16. AM Bananas/nilla wafers PM Turkey/Wheat thins** LPU Pretzels/apple juice	17. AM Pears/graham crackers PM Tricuits**/milk LPU Graham crackers/apple juice	18. AM Chex mix/milk PM Pita chips/Hummus LPU Cheerios**/apple juice		
				<p>*1% Milk is served*</p> <p>*100% Apple Juice is served*</p> <p>**Whole grain</p> <p>Cereal Options: Cheerios, Chex Mix, Multi Grain Cheerios</p>

Items containing **Wheat** Ritz, Nilla Wafers, Goldfish, Graham Crackers, Pita, Cheez Its and Club Crackers, Triscuit\*\* Wheat thins\*\*

Items containing **Dairy** Cheese Cubes, Cheese Stick, Milk, Cheez Its, Nilla Wafers and Goldfish

Items containing **Eggs** Nilla Wafers, Ranch

Items containing **High Fructose Corn Syrup** Club Crackers, Nilla Wafers, Ritz and Pears

Items containing Soy Cheez its, Ritz, Chex mix, Nilla Wafers and Graham Crackers, Ranch