

November 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1. AM Cheerios/cheese cubes PM Pretzels/apple sauce LPU Nilla wafers/apple juice	2. AM Gold fish/ milk PM Salami/Ritz LPU Graham crackers/apple juice	3. AM Cheez its/milk PM Pepperoni/cheese sticks LPU Pita chips/apple juice	4. AM Turkey/tortillas PM Ritz/ milk LPU Cheese sticks/ apple juice	No school
8. AM Bananas/milk PM Peaches/ graham crackers LPU Carrots/ranch/ apple juice	9. AM Pepperoni/club crackers PM Nilla wafers/milk LPU Pretzels/apple juice	10. AM Sliced turkey/Ritz PM Chex mix/milk LPU Cheese cubes/ apple juice	11. AM Cheez its/ milk PM Tortillas/pepperoni LPU Nilla wafers/ apple juice	12. AM Apple sauce/graham crackers PM Gold Fish/ milk LPU Chex mix/ apple juice
15. AM Oranges/Ritz PM Graham crackers/ milk LPU Snap peas/ Ritz	16. AM Tortillas/salami PM Cheese cubes/pretzels LPU Graham crackers/milk	17. AM Nilla wafers/ milk PM Gold fish/ apple sauce LPU Pita chips/apple juice	18. AM Ritz/ milk PM Celery/ humus LPU Cheese sticks/ pretzels	19. AM Pepperoni/ milk PM Pretzels/cheese cubes LPU Cucumbers/apple juice
22. AM Salami/ cheez its PM Sliced turkey/ tortillas LPU Club crackers/ milk	23. AM Cheese cubes/ Ritz PM Bananas/ milk LPU Salami/apple juice	No School	No School	No school
29. AM Nilla Wafers/ milk PM Oranges/graham crackers LPU Carrots/ranch/apple juice	30. AM Club crackers/ milk PM Salami/ cheerios LPU Apple sauce/ Ritz			*1% Milk is served* *100% Apple Juice is served* Cereal Options: Cheerios, Chex Mix, Multi Grain Cheerios

Items containing **Wheat** Ritz, Nilla Wafers, Goldfish, Graham Crackers, Pita, Cheez Its and Club Crackers

Items containing **Dairy** Cheese Cubes, Cheese Stick, Milk, Cheez Its, Nilla Wafers and Goldfish

Items containing **Eggs** Nilla Wafers, Ranch

Items containing **High Fructose Corn Syrup** Club Crackers, Nilla Wafers, Ritz and Pears

Items containing **Soy** Cheez its, Ritz, Chex mix, Nilla Wafers and Graham Crackers, Ranch